

EMERGENCY RADIO PROCEDURES

Speak **SLOWLY, CLEARLY, & CALMLY**

1. Make sure the communication equipment is ON.
2. Select **VHF Channel 16**, 2182 KHz, or other emergency frequency used where you operate.
3. Press microphone button and calmly say, **“MAYDAY - MAYDAY - MAYDAY This is the Sailing Vessel _____, S/V _____, S/V _____, S/V _____. Over.”**
4. Release the microphone button briefly, and wait for an acknowledgement. If no answer, repeat Step 3.
5. If still no answer, or if the Coast Guard or another vessel responds, say,
“MAYDAY, this is the sailing vessel _____”
6. **State Your Location Twice (latitude & longitude, GPS, or range & bearing from a known point such as a MRSA Race Mark)**
7. State the Nature of Your Distress
8. State the Number of People On Board and the Number of Injuries, if any
9. State Condition of Vessel
10. Describe vessel. **Length: _____ft. Hull Material: _____ Color: _____**

11. Describe lifesaving equipment:
Survival Craft: _____ Immersion Suits: _____ EPIRB: _____
12. Say, **“I will be listening on VHF Channel 16/2182 (or other channel being monitored).”**
13. End by saying, **“This is the Sailing Vessel _____, Over”**
14. If the situation permits, stand by the radio for further communication with the Coast Guard or another vessel. If no one answers, repeat the above and then try on another channel.

FILL IN NECESSARY INFORMATION ABOVE AND POST NEXT TO RADIO

The life you save may be your own!